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## Earthquake wreaks havoc on Philippines

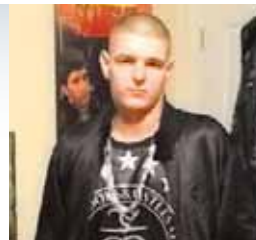
7.2-magnitude quake leaves  
dozens dead and infrastructure  
destroyed **PAGE 10**

## Swift is lightning

On the heels of a record-  
breaking award, songstress  
Taylor Swift says she never  
(ever?) wants to stay static **PAGE 13**

## POLICE SEEK CLUES IN HALIFAX HOMICIDE

MATTHEW THOMAS SUDDS  
WAS FOUND DEAD IN A  
DITCH MONDAY **PAGE 3**



## PROVINCIAL SHOWDOWN

Cape Breton Screaming Eagles netminder Alex Bureau, left, deflects a shot from Halifax Mooseheads' Andrew Ryan during QMJHL action at the Halifax Metro Centre on Tuesday night. Halifax exploded for five third-period goals en route to a 7-3 victory. Story, page 22. JEFF HARPER/METRO

# N.S.'s debate to regulate

**Gas.** Retailers, experts  
weigh in on Liberal  
plan to change current  
system for free market



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Arguments around gas regulation in the province are swirling once again in light of the long-held plan by premier-designate Stephen McNeil to scrap regulation and return to a market-based system.

Dan McTeague, gas-price guru, said getting rid of regulation in Nova Scotia is a move that will save consumers money because prices would match the world market instead of being set by the province's Utility and Review Board.

"Frankly, we should let the market determine what that is and let consumers get the best bang for their buck and

know when the price is going up or down," McTeague said.

McTeague said it's easy to follow the market from home because there are now blogs and ways to find out whether gas will go up or down in a day, two days or a week ahead.

That way a consumer could decide when they'd like to fill up during the week, and buying power would then be in the hands of Nova Scotians, he said.

But Graham Conrad, executive director of the Retail Gasoline Dealers Association, said deregulating "doesn't make much sense" coming from a Liberal party whose election platform was based on helping small business.

"It's in the best interest of the consumer and ... retailers to have some sort of regula-

tions that provides some sort of stability," Conrad said.

He said it's very "narrow-minded" to think there's a benefit in market pricing, which changes day to day and could reduce prices by a penny a litre.

Wayne Pace, RGDA president and Tantallon Esso owner, said he has seen both systems and prefers regulation because the free market system isn't free when it's controlled by larger companies who can "turn the screws" on smaller businesses.

Pace said he hopes McNeil educates himself on the current system and realizes it's "not as bad" as he thinks.

Dave Collins, vice-president of Wilson Fuels, said it comes down to whether you trust the market or government in setting gas prices.

"I don't think the world's going to fall apart, you'll just have more choice," Collins said. "When was the last time choice ever hurt anybody?"

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# Public asked to help fill in gaps in murder victim's final days

**Matthew Thomas Sudds.** Victim had several criminal convictions for drugs, uttering threats, was facing assault charges



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

Police say they are investigating all possibilities, including criminal history, as they look for the person or people who killed Matthew Thomas Sudds.

The body of the 24-year-old was found in a ditch on Africville Road Monday, and the case has been declared a homicide.

Halifax Regional Police spokesperson Theresa Rath said an autopsy confirmed Sudds was the victim of a shooting, though she wouldn't say where he was shot, or how many times.

"That's considered hold-back evidence," she said.

Rath said Sudds was seen in Halifax around 4 p.m. Thursday and spoke with family members in the early evening. She said investigators are asking for help tracing Sudds' movement after that.

"It was very unusual for him not to be in contact with his family, so we're in need of public assistance in determining where he was and whom he was with between Thursday evening and Monday when his body was found," she said, adding that police are still working to determine when and where Sudds died.

Rath said some members of the public have come forward with information about activity seen near the park on Monday, and investigators are trying to determine whether it's related to the homicide.

Sudds was known to police, but Rath wouldn't



Police sift through dirt on Africville Road as part of their murder investigation on Tuesday for Matthew Sudds. JEFF HARPER/METRO

## Contact information

Anyone with information on the case can call Halifax police at 490-5020 or Crime Stoppers at 1-800-222-8477.

confirm online postings suggesting he was a member of the violent Spryfield M.O.B. gang.

Rath said it's too early to say whether Sudds' killing was random or targeted.

"Mr. Sudds was known to police, so we will be taking that into account as our inves-

tigation progresses," she said.

The reputed head of the Spryfield M.O.B., Jimmy Melvin Jr., was released from prison in early August. Halifax police are seeking a peace bond against him.

Sudds had criminal convictions dating back to February of 2008 for drug possession and trafficking, liquor possession, breaching court conditions and uttering threats. His most recent conviction was in September, when he was fined for drug possession.

He was due to stand trial in November on weapons charges, and in April on two counts of assault.



Police enlisted the help of Halifax Ground Search and Rescue volunteers on Tuesday. JEFF HARPER/METRO



Matthew Sudds FACEBOOK

## Friends mourn Sudds' death on social media

People who knew Matthew Sudds said whatever his life choices, he didn't deserve to meet a violent end at someone else's hand.

In posts on the Metro Halifax Facebook page, friends and apparent complete strangers leapt to the

young man's defence when someone speculated drugs were likely a factor in his murder.

"It doesn't matter how any HUMAN BEING [sic] dies, or what they did or whatever," posted user Libby MacKay. "The point is he

passed away and it's sad for his friends and family."

Dozens of people posted messages of remembrance and disbelief on Sudds' personal Facebook page, praising the young man for his loyalty as a friend.

"I guess it's real," wrote

user Jesse Boddy. "Gonna miss you more than you will ever know big bro I love you."

Messages to various friends and relatives seeking comment were not returned.

RUTH DAVENPORT/METRO



# Conservatives plan to take a wait-and-see approach

**Opposition.** Baillie says he won't criticize Liberals before they have a chance to govern



HALEY RYAN

haley.ryan@metronews.ca

Progressive Conservative Leader Jamie Baillie says his party will give the Liberals a "chance to govern" and carry out the ideas that won them the provincial election before he makes any critical statements.

Baillie spoke with reporters before the new PC caucus met on Tuesday and said he was looking forward to tackling his new role as leader of the official Opposition.

"We feel like we made a big step forward," Baillie said. "But we're going to represent

## By the numbers

# 11

Number of seats won by the Tories in last week's election.

all Nova Scotians, regardless of how they voted, in encouraging the government to do the right things to get Nova Scotia going again."

Baillie said he respects the voters' decision to elect a majority Liberal government, which has secured 33 of the province's 51 ridings.

He said the Tories will support any initiatives that save people money, but they won't fail to hold the Liberals accountable.

"We're not just going to criticize for the sake of criticizing; we want to give them a chance to govern," Baillie said.

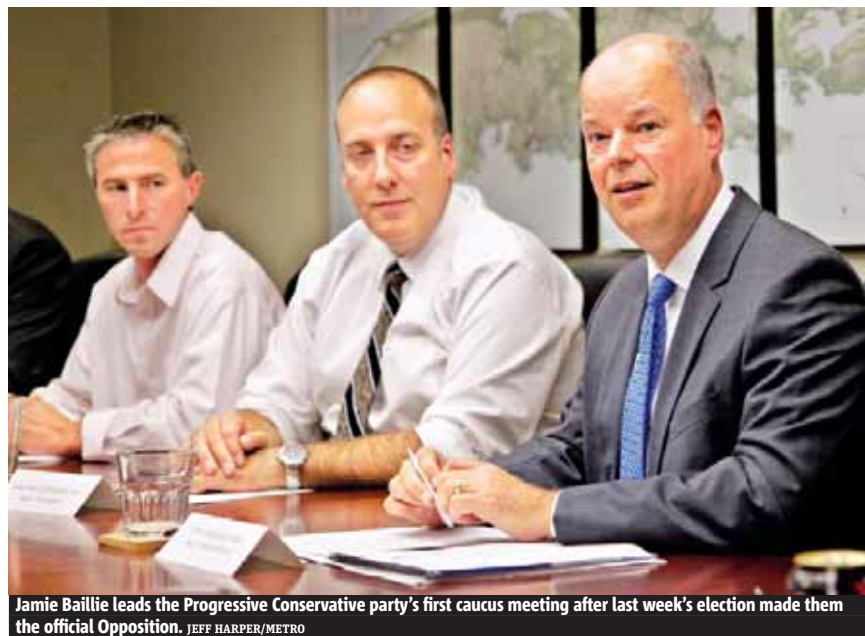
He said the Tories remain focused on cutting the Nova Scotia debt, stopping increases in electricity rates and bringing down the HST, like they were during the campaign push.

Although it has only one seat in HRM (Larry Harrison for Colchester-Musquodoboit Valley), Baillie said his party represents all citizens equally.

As a leader, he said he has one foot in Halifax and understands the urban issues.

"We did make some significant inroads," Baillie said about the results in HRM. "Our share of the vote in metro went up substantially."

Baillie said he'd welcome Liberal Leader Stephen McNeil taking a page out of the PC platform if he sees any ideas that would work for the province.



Jamie Baillie leads the Progressive Conservative party's first caucus meeting after last week's election made them the official Opposition. JEFF HARPER/METRO

# Dexter meets with cabinet one final time



Outgoing Premier Darrell Dexter says for now he has no plans to step down as NDP leader. JEFF HARPER/METRO

Premier Darrell Dexter held his last formal cabinet and caucus meetings Tuesday after the NDP's defeat in the provincial election, saying he will now take some time for personal reflection but has no immediate plans to resign as party leader.

"For me, I haven't had a lot of time for self-reflection. I'm going to take the opportunity to do that and we'll see," said Dexter.

Dexter, 56, lost his own Halifax-area seat of Cole Harbour-Portland Valley as the NDP was relegated to third-party status with seven elected members. The Liberals

## Quoted

"The path of life is often not a straight one."

Premier Darrell Dexter

took 33 of the legislature's 51 seats in last Tuesday's vote, while the Progressive Conservatives won 11 ridings to form the official Opposition.

Prior to entering provincial politics in 1998, Dexter was a command information officer in the navy and a lawyer in the Halifax area.

He said he plans to meet with premier-designate Ste-

phen McNeil to discuss the transition.

"I want to hand over some little advice for him and to wish them all well," he said.

Dexter said his cabinet discussed its experiences on the doorsteps of voters at its final meeting. Several cabinet ministers, including Natural Resources Minister Charlie Parker and Education Minister Ramona Jennex,

were ousted last week.

"We all came together to do a job, and that's now over, so we move on to what's next," Dexter said.

Justice Minister Ross Landry, who lost his Pictou Centre seat last week, said he left the caucus meeting with mixed emotions.

"I'm sad in the one sense but joyous in another because I'm moving on to the next chapter of my life and I'm very proud of the work we did as a government," said Landry, adding he'll focus on biking and exercising in the coming months.

THE CANADIAN PRESS

## Metro Centre

### Get your Blue Rodeo tickets this Friday

Tickets for Blue Rodeo at the Halifax Metro Centre go on sale this Friday.

The popular country-rock band announced last week on its website that it was hitting the road early next year in support of its

upcoming album *In Our Nature*, which hits stores Oct. 29.

The 32-city, nine-province tour takes the stage at the Metro Centre on Jan. 31.

Promoters announced Tuesday that tickets for the show go on sale Friday at 10 a.m. and will cost \$64 and \$41, including tax and surcharges.

Tickets are being sold through Ticket Atlantic.

METRO



Blue Rodeo CONTRIBUTED

## Cape Breton

### Police watchdog called in after motorcycle crash

Nova Scotia's police watchdog is investigating after a 23-year-old man who was pursued by police after an alleged traffic violation was injured in a motorcycle crash in Cape Breton.

The Serious Incident

Response Team says it was called in after a Cape Breton Regional Police officer driving an RCMP vehicle turned on his siren in an attempt to stop a motorcycle Sunday around 4 p.m.

The motorcycle later collided with a car in Glace Bay on Reserve Street.

The driver of the motorcycle was flown to the QEII Health Sciences Centre with serious injuries.

THE CANADIAN PRESS

## Colchester County

### Fire leaves five homeless

Five people are living in temporary accommodations after a weekend fire destroyed their Colchester County home.

The three adults and two children weren't at home during the fire on Sunday.

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## 'Major unsolved case.' RCMP extend search for clues in Shad Bay

RCMP divers were in the waters of Shad Bay Tuesday to follow up on the search for evidence in a major missing persons cold case.

Cpl. Scott MacRae confirmed that members of the integrated Major Crimes Unit had returned to the area along Prospect Road where two properties were scoured for human remains in March and early May.

"They're just doing some more followup from earlier searches," he said.

Police, cadaver dogs and the medical examiner's of-

fice scoured a property at 4117 Prospect Rd. in early March and said it was related to a "major unsolved case," but never confirmed which one.

Media reports suggested it was the disappearance of Kimberly McAndrew in 1989.

The search was called off after four days of fruitless searching, which involved the use of a mini-excavator.

The search in May involved a different property nearby.

METRO

## Dartmouth. Hundreds expected for march against violence

Hundreds of people are expected to take to the streets on Wednesday night for the 14th annual Dartmouth North March Against Violence.

The march began in 2000 to commemorate the life of Jason MacCullough, who was found dead on a path between two buildings on Pinecrest Drive around 2:30 a.m. on Aug. 28, 1999.

Police say there's nothing to suggest the 19-year-old was involved in any kind of criminal activity, and believe his killing was a random act.

The march begins at the



Jason MacCullough

COURTESY OF HALIFAX POLICE

Dartmouth Boys and Girls Club on Farrell Road at 6:30 p.m. METRO

# Packed courtroom for accused in Jones case

**Court.** Shane Edward Matheson to remain behind bars until bail hearing on Oct. 31

Friends and family of Scott Jones were at Pictou Provincial Court Tuesday morning after a stabbing early Saturday morning in New Glasgow left the 27-year-old paralyzed.

Shane Edward Matheson, 19, is charged with attempted murder, aggravated assault and possession of a weapon dangerous to the public in connection to the stabbing and made his first court appearance Tuesday.

"I just want to be here to show support for Scott's family. I think that's really important," Monica George-Punke said, elaborating that they need support throughout the process, not just during the immediate aftermath.

George-Punke taught Jones in Pictou District Honour Choir. She is also the mother of Amy Punke, a friend of Jones.

The courtroom was packed with spectators for the man's appearance that has made headlines across the country after friends and family said they believe Jones was targeted because he is gay.

Police have given no indication yet that it was a hate crime.

Some were crying in the courtroom during the appear-



Sheriffs lead Shane Matheson of the Pictou Justice Centre Tuesday after the Trenton man made a brief court appearance on a charge of attempted murder. NEW GLASGOW NEWS

ance.

As Matheson got up to leave someone shouted, "Love you, Shane."

Vivian Farrell was also at the court appearance to show support for Jones. Her daughter, Susan, has been friends with Scott and his sister, Sherise, for a long time, she said.

"I know their family very

well. I've always been just in awe of the wonderful family they are and so I'm just so honoured to be here to support them today and to support Scott in whatever he has to go through for as long as it takes."

They were all in Pictou District Honour Choir together and often travelled together. She agreed with

George-Punke that the family needs support throughout recovery and the time it will take to accept what's happened.

Jones sang in the PDHC for seven years until he graduated and went on to do his undergraduate degree at Mount Allison University in piano performance.

A trust fund and website collecting donations for Jones's rehabilitation has been set up in his honour as well as a Facebook group for support.

NEW GLASGOW NEWS



Scott Jones CONTRIBUTED

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**Jonathan Mill**

TUESDAY, OCTOBER 22<sup>ND</sup>

Sponsor: Children and Youth in  
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*Epigenetics: How Genes  
and Environment Interact*

**Randy Jirtle**

FRIDAY, OCTOBER 25<sup>TH</sup>

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## Grocery promotion. Sobeys CEO headed to parent company



Paul Sobey, whose great-grandfather opened a butcher shop that would eventually become one of Canada's largest grocers, is retiring. CONTRIBUTED

Empire Co. Ltd., the Nova Scotia-based conglomerate that owns Sobeys, has plucked its new leader from the supermarket chain.

Sobeys president and CEO Marc Poulin will become head of operations later this year, as Paul Sobey plans to retire, the company said Tuesday.

Poulin has worked at Sobeys for more than 16 years and was head of the company's Quebec operations for 11 years. He will remain CEO of Sobeys, the company said.

Sobey, whose great-grandfather opened a butcher shop that would eventually become one of Canada's largest grocery businesses, has held vari-

ous positions at Empire for 32 years.

Earlier this year he played a key role in securing a deal to take over 213 Canadian Safeway stores, most in Western Canada, for \$5.8 billion.

"With the imminent closing of the Canada Safeway acquisition, Empire will be a truly operationally focused, leading grocery retailer in this country," Sobey said in a release.

"As such, the time is right for the transition of leadership."

The company said Sobey will remain a director after he retires on Dec. 11.

THE CANADIAN PRESS



## Minor league heats up for Hockey Mom, Hockey Dad

Kevin Kincaid plays Teddy, and Heather Rankin plays Donna in Neptune Theatre's production of Hockey Mom, Hockey Dad. The play, which is a co-production with Eastern Front Theatre Company, opens officially Thursday night and runs until Oct. 27. JEFF HARPER/METRO

### New Glasgow

## Traffic controller sprayed in the face by motorist

New Glasgow Regional Police Service is asking for the public's assistance after a motorist sprayed a traffic control person with an irritant on Tuesday.

The incident occurred on Westville Road and Balour Street in New Glasgow's business district shortly before 2:30 p.m. The traffic control person was conducting traffic control duties for road construction and wouldn't allow a vehicle to proceed.

The suspect asked to speak with the 28-year-old male officer and sprayed him in the face with an unknown irritant before fleeing past him.

The officer suffered no major injuries. The driver was described as a white male in his 50s in a grey Mazda SUV.

If anyone has any information, they can contact the New Glasgow Regional Police at 902-752-1941.

NEW GLASGOW NEWS



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# Playing a game of thrones

In a speech from the throne Wednesday, the Tories will be driving ahead with their jobs and tough-on-crime agendas while steering slightly to the left to pick up passengers on the social and consumer-issues track. Several consumer-friendly measures are aimed at turning the attention of voters away from the Senate spending controversy.

THE CANADIAN PRESS

## Relief ahead for cable, satellite TV subscribers?

The sales pitch will include measures directed at alleviating consumer irritants, such as a plan to force cable and satellite TV providers to adopt a pick-and-pay price model, in conjunction with the bundled-channel payment plans.



LUKE WISLEY (FLICKR: LUKE WISLEY)



## The friendly skies could get even friendlier

The Tories also hope voters will appreciate moves to create an airline-passenger bill of rights, designed to compensate people who are inconvenienced when air carriers overbook flights.

## Reining in those roaming fees

There will also likely be references to increasing competition in the wireless sector and to capping roaming fees.

"We think roaming fees have been a long-standing concern for not only consumers but for competition within the telecom sector," Industry Minister James Moore said.



## Will #thronespeech be a trending topic?

The Conservatives already have a website and Twitter hashtag set up to bring Canadians highlights from the throne speech under the banner "Seizing Canada's Moment — Security and Prosperity in an Uncertain World."

## Trudeau: You can't trust the Tories

The opposition is sure to take advantage of the optics. The Tories, says Liberal Leader Justin Trudeau, cannot be trusted to do any of the things they'll promise in the speech.

"You asked for open and honest government," Trudeau says in a video message posted on the party's website. "Instead, you're getting secrecy, distrust and scandal."



# Ontario-born Eleanor Catton wins Booker Prize

**The Luminaries.** Catton becomes the youngest writer to win the award, for her ambitious, epic 19th-century gold-rush murder mystery

Youth and heft triumphed at the Booker Prize on Tuesday, as 28-year-old Ontario-born, New Zealand-based author Eleanor Catton won the fiction award for *The Luminaries*, an ambitious 832-page murder mystery set during the 19th-century.

The choice should give heart to young authors of oversized tales. Catton is the youngest writer to win the prestigious award — and her novel is easily the longest Booker champion.

In her acceptance speech, she thanked her editors, her agent and her publishers for



Eleanor Catton holds her prize and her book in London, U.K., Tuesday.  
JOEL RYAN/INVISION/THE ASSOCIATED PRESS

not putting pressure on her while writing her novel.

"I was free, throughout, to concern myself with questions not of value but of worth. This is all the more incredible to me, because *The Luminaries* is and was ...

a publisher's nightmare," she said.

"The shape and form of the book made certain kinds of editorial suggestions not only mathematically impossible but — even more egregious — astrologically impossible."

Catton had been book-makers' joint favourite among the six prize finalists, alongside British novelist Jim Crace, for his rural parable *The Harvest*.

She also beat Ireland's Colm Toibin, Indian-American writer Jhumpa Lahiri, Zimbabwe's NoViolet Bulawayo and B.C.-based author Ruth Ozeki.

Catton received her trophy, which comes with a 50,000-pound (\$83,000) cheque, from Camilla, the Duchess of Cornwall, during a dinner ceremony at London's medieval Guildhall.

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# Feds failing missing women: UN official

**Disappearances of aboriginal women.**  
Feds have so far refused to entertain the idea of an inquiry

The federal government should set up a national inquiry into the “disturbing phenomenon” of missing and

murdered aboriginal women, a senior UN rights official said Tuesday.

James Anaya, the UN special rapporteur on the rights of indigenous peoples, has spent the last nine days touring the country, talking to aboriginals and both federal and provincial government officials.

And while governments across Canada have pledged

## Quoted

**“Canada faces a crisis when it comes to the situation of indigenous peoples of the country.”**

James Anaya, the UN special rapporteur on the rights of indigenous peoples

a number of steps to deal with the problem of missing

aboriginal women, it's not enough, Anaya said in Ottawa as he wrapped up his visit.

There has been strong pressure from aboriginal groups and some provinces for an inquiry into the disappearances. The Native Women's Association of Canada estimates there have been more than 600 such cases in the last 20 years.

THE CANADIAN PRESS



The Native Women's Association of Canada held a rally on Parliament Hill earlier this month to honour the lives of missing and murdered aboriginal women and girls. FRED CHARTRAND/THE CANADIAN PRESS FILE

## San Diego scandal

### Ex-mayor pleads guilty to battery, false imprisonment

Former San Diego Mayor Bob Filner pleaded guilty Tuesday to charges involving unwanted physical contact with three women at public events under an agreement that calls for three months of home confinement and three years of probation.

Filner resigned in August after women came forward with accounts of sexual harassment.

One false imprisonment count involved a woman restrained against her will at a fundraiser. Two counts of battery involved a woman who was kissed without permission and a woman whose buttocks were grabbed.

THE ASSOCIATED PRESS

## Florida suicide

### Two girls charged in cyber-bullying of 12-year-old

Two girls have been arrested in the death of a 12-year-old central Florida girl who authorities say committed suicide after being bullied online by several girls for nearly a year, a sheriff said Tuesday. The girls, ages 12 and 14, have been charged with felony aggravated stalking, says the Polk County Sheriff's Office.

Authorities say Rebecca Sedwick, on Sept. 9, climbed a tower at an abandoned concrete plant and hurled herself to her death. The bullying began over a “boyfriend issue,” and Rebecca had become depressed, Sheriff Grady Judd said.

THE ASSOCIATED PRESS



### Miriam Carey laid to rest

Amy Carey-Jones leaves the funeral chapel after a service for her sister, Miriam Carey, in the Brooklyn borough of New York, Tuesday. Miriam was shot to death by police after trying to ram her vehicle through a White House barrier. The dental hygienist from Stamford, Conn., is survived by her one-year-old daughter, who was in the vehicle during the Oct. 3 car chase through the streets of Washington. Carey had been diagnosed with postpartum depression and psychosis. Authorities say she believed U.S. President Barack Obama was monitoring her electronically. SETH WENIG/THE ASSOCIATED PRESS

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# Quake damages roads and bridges; rescue difficult

## Philippines.

Archipelago situated in Pacific 'Ring of Fire,' where quakes occur frequently

The death toll from a 7.2-magnitude earthquake that struck the central Philippine island of Bohol on Tuesday rose to 93, as rescuers struggled to reach patients in a collapsed hospital. Centuries-old stone churches crumbled and wide



Our Lady of Assumption church in Bohol on Tuesday. THE ASSOCIATED PRESS

areas were without power.

The quake struck at 8:12 a.m. and was centred about 33 km below Carmen city,

where many small buildings collapsed.

Many roads and bridges were reported damaged, making rescue operations difficult. Historic churches dating from the Spanish colonial period were badly damaged.

Among them was the 16th-century Basilica of the Holy Child in Cebu, which lost its bell tower.

The highest number of dead — 18 — was in Loon, west of Carmen, where patients were trapped inside the Congressman Castillo Memorial Hospital, which partially collapsed.

President Benigno Aquino III will travel to the area on Wednesday. Offices and schools were closed for a festival, which may have saved lives. THE ASSOCIATED PRESS

## Tinderbox Egypt. Security tightened during Muslim holiday



A woman prays with her child on the first day of Eid. MANU BRABO/THE ASSOCIATED PRESS

Tanks stood at intersections and roadblocks cut main thoroughfares in Egypt on Tuesday, as authorities tightened security during the annual Muslim Eid al-Adha holiday amid continued deadlock between supporters of the ousted Islamist president and the military-backed interim government.

Troops sealed off Cairo's central Tahrir Square with

rows of armoured vehicles and barbed wire, hoping to thwart any new attempt by supporters of Mohammed Morsi to enter. In recent weeks, they have tried to storm the plaza, the birthplace of the 2011 uprising that forced Hosni Mubarak out. The government has launched a major crackdown on the Muslim Brotherhood.

THE ASSOCIATED PRESS

## Ethnic Russian tensions

### 276 protesters detained

Moscow police on Tuesday detained 276 people who were protesting the stabbing death of an ethnic Russian man. Authorities said a suspect had been arrested.

The killing has raised tensions between ethnic Russians and natives of the predominantly Muslim Caucasus, many of whom have migrated to big cities.

The suspect is from the Caucasus nation of Azerbaijan.

Russia's Investigative Committee said in a statement Tuesday that the suspect, 30-year-old Orkhan Zeynalov, was detained in a town outside Moscow. Investigators did not say what evidence pointed to his involvement in Saturday's slaying.

Tensions have long simmered between ethnic Russians and natives of the Caucasus and violence has grown more common.

THE ASSOCIATED PRESS

## Fears of a tsunami

"We hugged trees because the tremors were so strong."

Vilma Yorong, a government employee in Bohol. Yorong ran up a mountain, afraid a tsunami would follow the earthquake. But the quake was centred inland and did not cause a tsunami.



# One more reason to go for that popcorn at the movie theatre

**Get those M&M's too.** 'Oral interference,' from chomping to chatting, blunts the power of promos, a new study finds



**KIERON MONKS**  
Metro World News in London

Eating popcorn makes you insensitive to advertising in cinemas, as "oral interference" disrupts our ability to learn brand names, claim researchers at the University of Cologne. Test groups who had been eating remembered nothing compared to a group who had not, said study author Dr. Sascha Topolinski, who enlightened us further.

## Please explain this mysterious process.

The mouth automatically generates sub-vocal speech when we encounter novel names, which is how a brand embeds itself. But if you are eating some-

thing, your mouth cannot train with the word. In our case it was popcorn.

**So if my mouth does the remembering, why am I so bad with names?**

My last name is difficult so I understand, but people who are bad with names often are suffering interference. Try to keep your mouth free in future.

**Can I ignore advertising everywhere by chewing at the right times?**

It could work — say by chewing gum to avoid TV commercials and Internet banners. Our subjects quite enjoyed the cinema adverts

without being able to remember anything about them.

**So it works with all foods?**

Yes and by vocal interaction like chatting, even smoking a cigarette would have that effect.

**Are you worried that advertisers might kill you?**

Well, our research is only about new brands so Apple and

Bur-ger King are already in your brain. One solution could be that cinemas only sell snacks after the adverts. That would please everyone.



IMAGE: METRO WORLD NEWS

## Diet Coke. Artificial sweeteners cause worry

Diet Coke, the United State's No. 2 soda, may be losing some of its pop.

During a conference call with analysts Tuesday, a Coca-Cola executive noted that Diet Coke was "under a bit of pressure" because of people's concerns over its ingredients, alluding to the growing wariness of artificial sweeteners in recent years.

Steve Cahillane, who heads Coca-Cola's North American and Latin American business, noted that the issue wasn't specific to Diet Coke, but that many diet foods and drinks in the U.S. are facing the same concerns. While the drink remains the No. 2 soda in the U.S., the company still sells twice as much regular Coke as Diet Coke.

THE ASSOCIATED PRESS

### Fraser Institute

## Pipelines safer than rail or truck for workers: Report

A report by the Fraser Institute says pipeline is by far the safest way to transport oil for workers.

Using data from the U.S. the study found the rates of injury requiring hospitalization were 30 times lower among pipeline workers than rail workers involved in shipping oil.

THE CANADIAN PRESS

### Like sardines in a can

## Plane passengers feel the squeeze

It's not your imagination. There really is tighter quarters on many planes these days.

The big U.S. airlines are taking out old, bulky seats in favour of so-called slimline models that take up less space from front to back, allowing for five or six more seats on each plane.

THE ASSOCIATED PRESS

### Market Minute

**DOLLAR**  
96.34¢  
(-0.24¢)

Natural gas: \$3.842 US (+2.2¢)  
Dow Jones: 15,168.01 (-133.25)

**TSX**  
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**OIL**  
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**GOLD**  
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24w x 48h \$168	32w x 52h \$188
28w x 36h \$168	32w x 54h \$198
28w x 44h \$178	32w x 60h \$208
28w x 48h \$178	36w x 36h \$188
28w x 56h \$188	36w x 38h \$188
30w x 36h \$168	36w x 40h \$198
30w x 38h \$168	36w x 44h \$198
30w x 40h \$178	36w x 48h \$208
30w x 48h \$188	36w x 52h \$208
30w x 52h \$198	36w x 55h \$218
30w x 56h \$198	38w x 36h \$188
	38w x 44h \$198
	38w x 56h \$208
	38w x 60h \$228
	40w x 36h \$198
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# FLYING SOMEWHERE? TAKE A SEAT

I am told there was a time when “flying the friendly skies” was a luxurious experience. That, of course, was before the skies became just a little less neighbourly.

Now, every time I travel, I have to head to the airport three hours early so that I have time to check my luggage, completely disrobe for security, have them confiscate half of my toiletries, then be told that my carry-on can't be carried on because I recklessly included a pair of tweezers, which nowadays, is tantamount to a weapon of mass destruction.

I then have to gather all of my personal belongings, get dressed all over again, wait in line to buy a \$12 bottle of water, because apparently it's OK to have one, just not to carry your reasonably-priced one past the checkpoint. Then I head to the gate for boarding. Theoretically, it would be



JUST SAYIN'

**Mike Benhaim**

metronews.ca

here that I could finally relax and enjoy the journey, only now I am starving and that bottle of water has made me require use of the facilities. Unfortunately, we are now under the strict regime of air transit regulations, meaning that first I have to undergo a training seminar on seat-belt fastening and proper employment of oxygen masks that we faithfully assume will reveal themselves in the event of a shift in cabin pressure. Then, once finally liberated from our shackles by a light and faint Pavlovian bell, I find myself behind every weak-bladdered and nervous-stomached traveller for a chance to approach the majestic lavatory. When I finally emerge, the refreshment cart has passed me by,

which is just as well because, while they do sell food you don't want at prices it isn't worth, they no longer accept cash

anyway. Only Visa and perhaps Amex, but as luck would have it, I only brought my MasterCard.

Now, I may be frustrated, hungry, and cranky, but I would never think to take it out on any of the flight crew. After all, they're just doing their job, and even if they weren't, any loss of composure could get me Tasered by an air marshal and/or put on the no-fly list, which in addition to complicating future travel, would really make it hard to get back home.

That said, I take comfort in the fact that the Security Authority's ever-growing roster of ordinances, while occasionally misguided, are intended toward the honourable purpose of keeping us all safe and sound. Then, just over a week ago, a nine-year-old kid with no ticket, no money, and no adult supervision manages to hop on a flight to Vegas.

Now, I find myself compelled to rethink.

Just sayin'.

Mike Benhaim is filling in for Paul Sullivan, who will return next week.

## ZOOM

### Artist toys with Chinese politician



RAY TANG/REX

#### Pixelated piece made of soldiers

At first glance, this picture looks like a pixelated portrait of Chinese Chairman Mao Zedong, but on closer inspection of *Workers of the world, Unite!*, by artist Joe Black, the image reveals thousands of hand-painted toy soldiers. Black refers to the juxtaposition of the singular and the collective as “Up close and far away.”

METRO



Mao's face is in pieces.

OIL SCARFF/GETTY IMAGES

Worth thousands of pieces

## 15,000

hand-painted soldiers were used to create the portrait of Mao Zedong. The cost is \$80,000 and the size is 240 by 180 centimetres.

Clickbait



**HANNAH ZITNER**

hannah.zitner@metronews.ca

If the rise and consequent fall of the scrapbooking trend has your organized, creative side feeling unfulfilled, you'll be happy to hear the trend is back. Only this time it requires no pinking scissors and fewer jagged edges to clean up.

#### Smilebox:

Lets you choose your own layout, theme, etc., and easily integrates with Facebook to let you share your creation with your pals.

#### Mixbook:

More of a photo book than scrapbook really, but Mixbook lets you design and

order a personalized scrapbook.

#### Keepy:

For parents who want to keep all of their kids' drawings, report cards and scribbled art projects, Keepy lets you upload and annotate each keepsake—without cluttering up that storage space.



ISTOCKIMAGES

#### Comments

**RE: Unpaid Interns: Toronto Students Scrub Hotel Toilets For Nothing, published Oct. 15**

*A Vancouver luxury hotel placed an ad seeking unpaid interns to bus tables last month, igniting public outcry.*

*Now, several interns have complained they aren't gaining necessary experience performing menial jobs.*

Her internship had nothing to do with her hopes and dreams to work in the hotel and hospitality industry.

When she one day applies for a career job, and puts down her experience as “I am great at changing sheets, cleaning toilets and disposing of used condoms,” will that help?

What happened to her and many other interns is not right and it is not fair. The only hope she and many

have is to suck it up and hope to make some kind of contact that can help them in the future.

But with four interns per year (one every three months), over two year period (assumed length of the program she is studying) how many interns is she now competing with?

And all are relying on the same contact or several contacts at the same place.

Let's say she is going to medical school and wants to be a surgeon, her internship would be equivalent to sitting at a receptionist desk and doing patient data entry. Calling patients, following up on surgeries, booking appointments, etc. After four years, you may be the best data entry clerk, but you can definitely not perform a surgery. At least I wouldn't let you touch me.

**MrTENz posted to metronews.ca**

**WE WANT TO HEAR FROM YOU:**

Send us your comments: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)



# No more teardrops on her guitar, this girl has made it

**Taylor Swift.** On the heels of a record-setting sixth songwriter-artist of the year award, star says her next album is taking a 'different turn'

Swift sat down for an interview after the ribbon-cutting on the new \$4-million US Taylor Swift Education Center at the Country Music Hall of Fame and Museum in her adopted hometown of Nashville.

**Next month you leave on a stadium tour of Australia, making you the first female solo performer to tour that country since Madonna 20 years ago. Madonna was the top pop star in the world at the time. Do you see yourself as that kind of pop star?**

I would never see myself that way. I see myself as kind of this girl who writes songs in her bedroom. You can kind of dress it up all you want and you can put together an amazing theatrical production; you can become a better performer as time goes by, and you can try to excite people, but I'm always going to be a girl who writes songs in her bedroom in my own personal perception of myself.

**You said recently you've been working on songs for the new album for about six months. What can you tell us about what you have planned?**

It's too early to tell who are going to be my predominant collaborators, but I do know that my absolute dream collaborators were Shellback and Max Martin on the last project.



Taylor Swift appears at the premiere of *Romeo and Juliet* in Los Angeles on Sept. 24. Swift has just been named songwriter-artist of the year by the Nashville Songwriters Association International for a record-setting six times. She's also up for entertainer of the year at the CMAAs on Nov. 6. If she wins, she'd be the first woman with three such titles. THE ASSOCIATED PRESS FILE

I've never been so challenged as a songwriter. I've never learned so much. I've never just been so excited to show up to the studio every day, just because you never know what we're going to put together.

I'll bring in ideas and they'll take such a different turn than where I thought they were going to go, and that level of unexpected spontaneity is something that really thrills me in the process of making

music. ... "What if we did this? What if we made it weirder? What if we took it darker?" I love people who have endless strange and exciting ideas about where music can go.

THE ASSOCIATED PRESS

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# Hell has no fury like a woman scorned

**Horror film.** Soak in the wrath of the newest Carrie flick



**IN FOCUS**  
Richard Crouse  
scene@metronews.ca

This week-end actress Chloë Grace Moretz will recreate one of the most famous sequences from 1970s cinema.

Years after the release of the 1976 Brian De Palma-directed *Carrie*, the movie's impact was summed up by Esquire, who wrote, "Like any top-tier, truly unforgettable scene in cinema (it's) so well-known that you don't even have to see it to know it."

The image of the teen-aged Carrie (Sissy Spacek), the victim of a cruel practical joke, dressed in her best prom queen outfit, wide eyed as pig's blood covers her, dripping from the fake jewels on her tiara, has been referenced in everything from the sitcom *Roseanne* — daughter Darlene says the only way she would go to the prom is if she was the one sitting in the rafters with a bucket of pig's blood — to the *X-Files*, *Mystery Science Theater 3000*, *Scream*, *Gilmore Girls* and even *Veronica Mars*.

The gore soaked scene also provided the inspiration for a sequel



Pig's blood continues to have a dramatic impact on the *Carrie* movie experience. CONTRIBUTED

called *The Rage: Carrie 2*. In this unintentionally funny B-movie Rachel (Emily Bergl) is another high-schooler with the ability to make objects fly and explode with her mind.

"Do not attempt to sit through this movie without a hefty supply of psychopharmaceutical drugs," warned one critic.

Marginally better was *Carrie*, a 2002 television film meant to serve as a pilot for a proposed series. But that involved making some sweeping changes to the plot, including having Carrie survive the high school carnage and final run-in with her unstable mother. Bad reviews and poor ratings doomed this to the DVD delete bins. From the screen to the stage, *Carrie* provided the source material for an ill-conceived 1988 Broadway musical and several

spoofs, including *Scarrie! The Musical* and *Carrie's Facts of Life*, a mash-up of Stephen King's story and the sitcom *The Facts of Life*.

All singing, all dancing versions of Carrie's humiliation aside, the original film remains a horror touchstone, but don't expect the new remake to be a carbon copy.

"The script is totally different from the (original)," Moretz told ET Online. "It's more like the book. It's a more *Black Swan* version — it messes with your mind."

One thing is for sure. There will be blood — pig's blood.

Judy Greer, who plays Miss Desjardin in the new film, says the prom scene is "amazeballs," adding, "It's really totally jarring and creepy but also, in a strange way, gorgeous."



## Twitter



@TheRock

My team, entire production & fellow actors..Been a long 6 months. Fight the fatigue & finish strong. 2 days left. #ProudOfU #HERCULESMovie



@JohnStamos

Is it my imagination or a lot of movie actors that don't work in movies anymore SPRINTING to television?



@jimmykimmel

why NOT order an edible arrangement for yourself?



Charlie Hunnam

## He's an actor, but don't tell Charlie Hunnam to be someone he's not

Charlie Hunnam may have cited his hectic TV schedule as the reason he dropped out of *Fifty Shades of Grey*, but sources tell E! News the spotlight had a lot more to do with it. "More than anything

he hates attention, and being in *Fifty Shades of Grey* would force him to do lots of media," a source says. "Plus, he hates conforming and being told what to do. This role would force him to have to be something he is not." Now it turns out his former co-star, Dakota Johnson, may be having doubts about the high-profile film as well. "Dakota is having a very hard time dealing with all the press. When she first got the role, it was way too much for her," another source says. "It's been tough."



# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Gwyneth Paltrow. ALL PHOTOS GETTY IMAGES

## Why Gwyneth should beware Vanity Fair

Gwyneth Paltrow should probably be bracing herself for a blockbuster take-down piece on her that *Vanity Fair* is planning to publish.

"We started a story on her. We have a very good writer and it'll run," the magazine's editor-in-chief, Graydon Carter, tells

the *Times of London*. In fact, Paltrow apparently helped ensure the piece will go forward when she emailed friends and colleagues pleading with them to not cooperate with the article's author and never work with the magazine again. "She sort of forced my hand," Carter says.

## Moving on

## Seems Miley is sweet on the Rolling Stone heir

It looks like Miley Cyrus has gotten over her broken engagement to Liam Hemsworth pretty quickly, as the *Wrecking Ball* singer is reportedly smitten with Rolling Stone magazine heir Theo Wenner, according to Radar Online.

"She's definitely dating him," a source says. "Miley talks about how hot Theo is and how nice he's been to her. She's definitely completely in lust with him." Cyrus even reportedly made time for Wenner while launching her new album, *Bangerz*, in New York last week. "He didn't come to the release party, but she snuck out at one point and went and met him at the Plaza," the source says. "She said she's never met anyone as sweet as Theo."



## Forget the tuna, get Kate some OJ

As pregnant Kate Winslet eases into her third trimester, she admits her cravings aren't living up to the stories she hears about other pregnancies.

"At the moment, I seem to be wanting orange juice a lot," she tells *Us Weekly*. "I don't know quite why that is, but it's not so weird. I wish I could tell you I had some weird craving. I wish I could be like that woman on the advert who loves tuna fish and banana, but I'm not like that at all."

Meanwhile, Winslet insists she's totally fine doing press for her next film, *Labor Day*, with her due



Kate Winslet

date approaching. "Just don't let me sneeze," she warns, "because I might wet myself at the same time."



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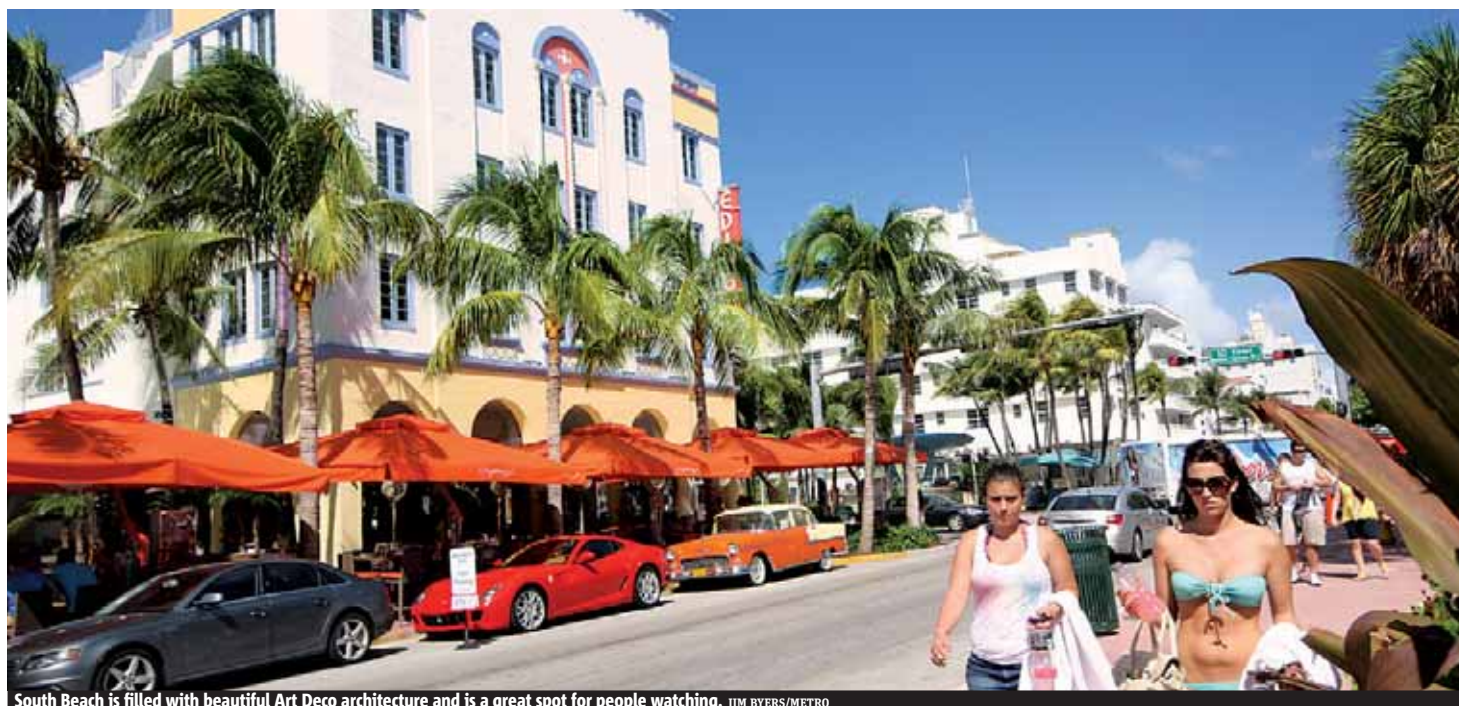
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#thrifortreat





South Beach is filled with beautiful Art Deco architecture and is a great spot for people watching. JIM BYERS/METRO

# Where the pretty people are

**Miami.** From South Beach to Art Deco walking tours, there's something for all



JIM BYERS  
@jimbyerstavel  
jimbyerstavel.com

Sleek, chic and sexy. This is a city that's got a lot on the go, and it's consistently one of the top draws for Canadians looking for a place in the sun with a bit of attitude. Whether it's clubbing in a brilliant turquoise Art Deco building in South Beach or doffing your duds

at one of the few legal nude beaches in the U.S., this is a town with something for everyone.

## Sleeping

The Soho Beach House, a few blocks north of South Beach, is cooler than the other side of the pillow on a winter camping trip in Yellowknife. There's a rooftop bar with perfectly weathered chairs, a sleek restaurant under the trees, a glam pool with striped blue and white cushions and it's right on Miami Beach. The lobby screams urban cool, and they also get cheeky with Cowshed toiletries that have names like Horny Cow and Knackered Cow. Uptown in Sunny Isles, not far from the shops of

Aventura Mall, is Sole on the Ocean, which has a Miami Vice meets Brazil and Russia vibe, thanks to the shoppers who flock here. The bar is modern and glassy and they have a cozy pool and nice cabanas. Rooms go from around \$325 a night at the Soho Beach House in October, while you can grab Sole for \$216 a night and up.

## Dining

Just steps from trendy Lincoln Road on Lenox Avenue, Yardbird is a gem for southern food. There's a nice patio, and inside you'll find a warm decor with an open kitchen and chalkboard signs that extol the virtues of bacon. The fried chicken is moist and tender and

served on superbly fluffy biscuits with honey and sweet pepper jelly. The kale salad comes with shaved cheddar, apples, onion and "moonshine soaked" raisins. Back up in Sunny Isles, Timo has a wood oven for pizza and does a flavourful fennel and arugula salad with oranges, figs and a pistachio vinaigrette. The pastry chef makes an incredible genoise cheese flan topped with vanilla ice cream and toasted coconut in a pool of salted caramel with a chocolate drizzle. The News Café in South Beach (open 24 hours) is a great spot for lunch or breakfast and has two-for-one happy hours Monday to Friday from 4 to 7 p.m.

## Drinking

The Cleveland Hotel is a 1938 Art Deco beauty that spouts loud music more or less all day, with dancing girls gyrating inches from the sidewalk. It's said to be the highest-grossing bar in Florida. At Soho Beach House opt for the Picante de la Casa, with tequila, lime, cilantro and agave, topped with a red chile pepper for a smoky kick. Yardbird has bourbons you might never see in Canada.

## Dining

Take a tour from the Art Deco visitors centre at 10th and Ocean to check out sleek designs and to learn steamy details about the private lives of Hollywood stars.

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# A few simple substitutions take hummus from Middle East to Italy



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

What would happen if hummus had been invented in Italy, rather than the Middle East?

Answer the question with this simple reimagining of the classic chickpea purée.

It's not as discordant as you might think. Many of the same flavour profiles can be found across both Italian and Middle Eastern cuisines.

Which makes sense, given relative geographic proximity. Even the ingredients and technique have common ground.

Italians make generous use of chickpeas and lemons — both essential to classic hummus. Though in the case of chickpeas, Italians tend to use them more often in soups and pastas than in spreads.

And when they do make spreads, they often reach for other beans, such as favas. While traditional hummus relies on tahini (ground sesame seeds) to add richness, Italians probably would be

more inclined to reach for pine nuts.

So with those substitutions in mind, this delicious Italian-style hummus is topped with diced tomatoes spiked with balsamic vinegar.

1. In a food processor, combine the beans, half of the garlic, pine nuts, lemon zest and juice, and 1 tablespoon of the rosemary. Process until chunky smooth.

2. With the processor running, drizzle in the olive oil until the hummus reaches a smooth, silky texture. Taste, then season with salt and

pepper, and set aside.

3. In a bowl, toss together the tomatoes, the remaining 1 teaspoon of rosemary and the remaining garlic. Taste, then season with salt and pepper.

4. Spoon the hummus into a wide, shallow bowl, using the back of the spoon to form a cavity at the centre.

5. Spoon tomatoes into the cavity in the hummus. Drizzle olive oil over the tomatoes and hummus, then sprinkle with a few drops of balsamic vinegar. **THE ASSOCIATED PRESS**

## Ingredients

- 15-oz can cannellini or other white beans, drained and rinsed
- 6 cloves garlic, minced, divided
- 1/2 cup pine nuts
- Zest and juice of 1 lemon
- 1 tbsp plus 1 tsp chopped fresh

- rosemary
- 1/3 cup extra-virgin olive oil, plus extra
- Salt and ground black pepper
- 1 large tomato, diced
- Balsamic vinegar

## Drink of the Week

### Citrus Bubbly

Serve your appetizers with this refreshing drink that sparkles thanks to sparkling wine and has a citrusy flavour due to a combination of lime and lemon.

- 1 tsp lime juice
- 1 tsp lemon juice
- 1/2 oz Cointreau or other orange liqueur
- Sparkling wine, chilled
- Lemon twist, to garnish

In a Champagne flute, gently stir together the lime juice, lemon juice and orange liqueur. Top with sparkling wine, then garnish with a lemon twist.

THE ASSOCIATED PRESS



# Fall for a healthy autumn mix

1. Heat the oven to 400 F.
2. Dry the chickpeas

thoroughly by spreading them on a large plate and patting them dry with kitchen

## Ingredients

- 15-oz can chickpeas, drained and rinsed
- 2 tbsp olive oil, divided
- 2 tsp spice blend, such as curry powder, garam masala, chili powder, divided (optional)
- Kosher salt and ground black pepper
- 1 3/4 cups raw pumpkin seeds, cleaned and drained, but not patted dry
- 3/4 cup dried cranberries, dried cherries, raisins, or a mix
- 3/4 cup unsalted raw or roasted pistachios, peanuts, almonds or cashews

towels. Transfer to a bowl, then toss with 1 tablespoon of the oil, 1 teaspoon of the spice blend, if using, and salt and pepper to taste. Once the chickpeas are evenly coated, transfer them to a baking sheet and spread them in a single layer. Bake on oven's middle rack until golden and crispy, 25 to 35 minutes, shaking the tray to toss after the first 15 minutes. Remove the baking sheet from the oven and transfer the chickpeas to a serving bowl. Re-

duce the oven to 300 F.

3. Arrange the pumpkin seeds in a single layer on the sheet pan. Bake on the oven's middle rack for 10 minutes.

4. After the pumpkin seeds have baked, in a large skillet over medium, heat the remaining tablespoon of oil. Reduce the heat to medium-low, add the pumpkins seeds and cook, stirring, for 7 to 10 minutes. Add the remaining teaspoon of spice blend,

## Healthy Snack Mix



This recipe makes three cups. MATTHEW MEAD/ THE ASSOCIATED PRESS

if using, and salt and pepper to taste. Continue to cook, stirring, until the pumpkin seeds are golden and crispy, another 3 to 5 minutes.

5. Transfer the seeds to the

serving bowl. Add the cranberries and pistachios and toss well.

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# Got something up your sleeve?

**A bold personal brand.**  
Students and grads speak up on tattoos in the workplace

MEGHAN  
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TalentEgg.ca

The influx of millennials into the workforce and the potential for age gaps between co-workers can result in mixed opinions on what is considered appropriate office wear.

Gen Y is often viewed as having a more casual approach to office appearance. That's not to say all millennials want to wear their sweatpants to work. It just

means that younger hires are perceived to have open minds when it comes to what is acceptable in the office.

Kim Holt recently graduated from McMaster University and entered the workforce with tattoos.

Here's what Holt had to say about how tattoos can work both ways for your career.

**Did you think about the effect your tattoos might have on your career?**

I 100 per cent thought about how my tattoos might affect my career before I got them. However, aside from my tattoos, I have always been a creative and eccentric person. I knew from a very young age



**Does this worker's indelible accessory make you question his professionalism?** ISTOCK

that when I grew up I was going to be in a field that thrived on creativity and originality.

**Has having tattoos ever hindered your career or education?**

Yes and no — having tattoos has yet to hinder my education. Many universities these days pride themselves on their acceptance of diversity. My tattoos have yet to impact my career.

**Have you had to adjust your clothing at times to avoid a potential employer seeing them or felt stereotyped by an employer for having tattoos?**

Where I currently work, I have never been made to feel like I cannot show my tattoos. However, when I first interviewed for the job I did dress appropriately and professionally. I think that no matter what kind of job you are interviewing for (whether you are allowed to show your tattoos or not), dressing formal is simply a sign of respect. It shows the potential employer that

this is something you thought about, you have come prepared, and you took yourself out of your everyday life and into the world of employment. I have interviewed for many casual and formal attire jobs and I never let the day-to-day attire influence my interview wear.

**If you could give one piece of advice to job seekers who are considering getting tattoos, what would it be?**

Tattoos are a small part of a big picture. We can't predict the future but if an individual thinks that a tattoo is going to make them happy, then do it. Who is to say what we will regret in the future and what we won't? The only person who can control your happiness is yourself, and every person has their own way of fulfilling their happiness and self-expression and for me one of those ways just happens to be tattoos.

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metro

# FALL CAR CARE

Wednesday, October 16, 2013

## Crank up the preparation

**New season.** Now is the time to get your vehicle ready for winter before the deep freeze sets in

PHILIPPE  
CROWE  
For Metro

Fall means it's time to get your vehicle ready before the deep freeze sets in.

Preparing a vehicle for the winter can be done easily by going through the following steps.

This first step needs little

more than your eyes and your tire pressure gauge as tools. While parked on a level surface, walk around your vehicle looking for minor dents, mouldings starting to let go, or accessories not secured properly anymore. The idea here is to be sure nothing will be knocked off by snow and ice during the winter, as well as spotting minor rust spots that

could get worse after another harsh winter.

Follow this step by checking the pressure of the tires.

Once the outside has been checked, open the door and make sure the seals are in good shape, preventing slush and snow from entering the vehicle.

While the driver door is open, release the hood and make sure all fluids are at the proper level.

This includes engine oil, transmission oil, power steering and brake fluids, as well as engine coolant. If you are not at ease with this, learn how to check engine oil and your

mechanic will handle the rest.

Just like your own annual physical check-up, your car needs at least one annual visit to the mechanic. Ideally two. There, you can get the oil changed for the appropriate winter viscosity, and your trusty mechanic will make sure all the fluids are topped up.

Your mechanic should also check the battery, inspect and lubricate the braking system and ensure your suspension is in good shape. Finally, an inspection of the car's ventilation, including the defrost function, will ensure you will be able to see clearly through the windshield all year long.



One of the steps to ensuring that your vehicle is ready for the winter is to check the pressure of your tires. COLOURBOX

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# Stick with winter tires

PHILIPPE CROWE  
For Metro

Choosing the proper set of winter tires can be a challenge. While prices, quality and type of winter tires vary, one thing is for sure — they are needed for Canadian winters.

Wrongly referred to as snow tires, winter tires excel not only on snow, but also on ice and on clean, but cold and frozen pavement.

The official way to identify a proper winter tire is by looking on the sidewall for a logo showing a snowflake in a mountain.

Winter tires now come in two groups. There is the traditional winter tire, which can be studded or not, and needs to be replaced with a car's original summer or all-seasons tires when warmer weather returns.

Launched three or four years ago, the all-weather tire is a winter-rated tire worthy of the snowflake logo, but designed to be used all year long. The rubber compounds and structures of these tires were designed to maintain wear properties that allow the tire to be used year round in areas where winter conditions may be mild or uncertain.

Choosing between studded or non-studded winter tires depends on your needs. Both alternatives are wear-resistant and offer great driving qualities.

You can choose the type of tire that best matches your needs by considering the four following questions:

- Snowy or icy roads. If you drive more on icy roads than on snowy ones, studded tires are the choice for you. Non-studded winter tires are



Winter tires excel not only on snow, but also on ice and on clean, but cold and frozen pavement. NOKIAN TIRES PHOTO

a better choice for snowy roads.

- Wet ice and packed snow. Studded tires are superior to non-studded winter tires on wet ice and hard-packed, al-

most icy, snow.

- Quiet tires. If you appreciate tires that are quiet on bare roads, non-studded winter tires are the right choice.
- Unpredictable fall condi-

tions. Non-studded winter tires can be mounted earlier in the fall than studded tires. Once you have mounted non-studded winter tires, you don't need to worry

about rapidly changing road conditions in the fall. Non-studded winter tires are also a good choice in spring, when temperature changes can be surprisingly quick.

FALL CAR CARE

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CONTRIBUTED

## WINTER BREAK FOR YOUR CAR

It's like giving your car a vacation for the winter.

Metro Self Storage is currently offering a discount of 25 per cent off vehicle storage units for the winter at any of its seven locations in HRM. These units give owners the peace of mind of having a private space for their cars to take the winter off.

And for the comfort of owners and their vehicles, Metro Self Storage offers climate-controlled units for those well-loved classic cars.

At other storage places, your vehicle is stored in a warehouse along with several cars. This makes it difficult, if not impossible, to take the

vehicle out for a day. But with the private units at Metro Self Storage, customers can pull their cars out for a day and return them, no problem.

Many customers want to give their vehicles a break from the wet and messy Atlantic winters. Others are out of town and need a safe, private place to park their vehicles for the season.

The units range in sizes from 10-foot by 10-foot to as large as 10-foot by 50-foot, but most customers choose the standard 10-foot by 20-foot unit to store their vehicles.

Hurry in, fall is turning to winter and the 25 per cent discount is for Nov. 1 to April 1.



# Accessories. What should you have?

**PHILIPPE CROWE**  
For Metro

Winter imposes its own requirements on a car's systems. Luckily, accessories exist to make the season at the wheel easier.

The first that comes to mind is a snow scraper. Some exclusively scrape ice, others

are of the brush type for snow and others do both, but think of having two in the vehicle. Why two? Have you ever broken one when the windshield is still covered with ice? You will be happy for the spare, even if it is an old, dull one.

Test windshield wiper blades by spraying windshield washer fluid to see if

your wiper blades are leaving streaks on the windshield. Such streaks are an indication that it is time to replace them.

Some wiper manufacturers offer special winter blades that have a rubber boot covering the arm assembly to keep snow and ice out. Another type that works well in winter is the beam blade. Instead of having multiple metal pieces

obstructed by snow or dirt, the wiper is made of a low-profile, bracketless blade consisting only of a metal tension strip, rubber element and connector.

A block heater is a small heating element located alongside the engine that, when plugged in, will warm up either the engine oil or coolant. Oil can become as

thick as molasses in extreme cold temperatures and a block heater will help the engine start easier, as well as boost the operating temperatures, meaning less wear on the engine, as well as quicker heat inside the vehicle.

It's easy to forget that with the advent of remote locks it's easy to forget that access to our vehicles relies on be-

ing able to unlock the doors. A lightly frozen lock will usually be freed up by the use of the remote unlocking function, but a well frozen lock will prevent anything from unlocking. Having some lock de-icer handy, combined with a good lock lubrication in the fall, is the best way to be able to gain access without having to call for help.

## Steer clear of winter hazards

Winter has the knack of bringing the worst out of a car or a driving situation. Add to this weather that can change in an instant and being ready for the unexpected becomes essential.

Whether leaving on a cross-country trip or just running errands, having the proper equipment on hand and the right attitude at the wheel is important.

Many of have been in a similar situation — you parked the car for a couple of minutes to go into a store and return to find the road cleaning crew passed, leaving a foot-high mix of hard-packed snow and slush against the wheels, challenging even the best four-wheel-drive systems. Keeping a shovel in the trunk is a good idea.

Also helpful is a small bag of sand or kitty litter. Spreading some on an icy surface will allow enough traction to leave that parking spot.

A set of traction helpers can be handy. These can be made of metal, plastic or various composite materials.



Having the proper equipment on hand and the right attitude at the wheel is important when driving during the winter. CONTRIBUTED

They all work the same way — place them against tires, then step carefully on the gas. The tire will grip the traction helper and allow movement.

A driver's attitude at the wheel is often the difference between making it home or exploring the ditch.

Slippery conditions mean a driver has to be smoother at the wheel. While true in all conditions, it becomes paramount when slippery. Harsh movements of the steering wheel or the brakes will force the vehicle to slide at the most inopportune moment.

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# Goals aplenty: Moose blast Screaming Eagles

**QMJHL.** Herd uses five-goal third period to cruise past provincial rivals at home



**ANDREW RANKIN**

andrew.rankin@metronews.ca

The Halifax Mooseheads offence woke up on Tuesday.

Big time.

After a sluggish first two periods, the Mooseheads exploded for five goals in the final frame to top the Cape Breton Screaming Eagles 7-3 before 6,157 fans at the Metro Centre.

Goals weren't a problem on this night. Mooseheads defenceman Brendan Duke said it was somewhat of a relief to witness the onslaught, which included two shorthanded markers.

"We were a bit sluggish to start and they came to play," said Duke. "In the third period we realized that, and we came out hard. When we work, nights like tonight are going to happen."

Brent Andrews' shorthanded marker in the second period gave the Mooseheads a 2-1 lead heading into the final frame. The Herd was relentless from the start of the third period, and never let up.

Andrew Ryan led the Mooseheads with a pair of goals and an assist, while his linemates Nikolaj Ehlers and Andrews each had a goal and two helpers. Luca Ciampini and Darcy Ashley added a goal and an assist and Andrew Shewfelt rounded out the scoring for the Mooseheads. William Carrier, Cameron Darcy and Eric-Charles Legare responded with



The Mooseheads' Andrew Shewfelt lands a check on Screaming Eagle Matthew Donnelly at the Metro Centre on Tuesday. JEFF HARPER/METRO

## Quoted

**"The lines just needed to gel. Now that they've done that the lines are playing well together."**

Mooseheads defenceman Brendan Duke

singles for Cape Breton.

With the win, the Mooseheads move two games over .500 (8-6), for the first time this season.

Netminder Zach Fucale made 40 saves in the victory.

The Mooseheads' No. 1 goalie said he was impressed with the amount of resilience his

team showed in the contest.

"I think we responded well after the first period," said Fucale. "I think we had a lot of things not go our way. But we came back together. We had a better second. We kept getting better. We have to keep this game in mind as we move forward."

For the third straight game the Mooseheads were without their star forward Jonathan Drouin, who's listed as day-to-day with a groin injury.

Drouin said his injury is slowly healing but he couldn't say when he might return to the lineup.

"I tried skating a couple of days ago, and there's still some pain," said Drouin. "It's October, I'm not going to kill myself. I'll wait till I feel perfect, then I'll get back in the lineup and help the team win."

The Mooseheads will welcome the Val-d'Or Foreurs at



Jonathan Drouin JEFF HARPER/METRO

the Metro Centre on Friday at 7 p.m.

## Crosby dishes out 3 assists as Pens drop Oil



Sidney Crosby GETTY IMAGES

Evgeni Malkin's power-play goal 7:20 into the third period put the Pittsburgh Penguins in front for good and the Penguins stayed hot at home with a 3-2 win over the Edmonton Oilers on Tuesday night.

Pascal Dupuis and Chris Kunitz also scored for Pittsburgh. Sidney Crosby assisted on all three Penguin goals to vault him into the NHL scoring lead. Marc-Andre Fleury stopped

20 shots for Pittsburgh to improve to 5-0 on the season.

Ales Hemsky and Jordan Eberle scored for Edmonton. Jason LaBarbera made 25 saves, but struggled with puck control as the Oilers dropped their fourth straight.

Edmonton twice battled back to tie it but had no answer after Malkin's second goal of the season. Crosby earned the secondary assist

## Home sweet home

# 4-0-0

The Penguins are unbeaten this season at the Consol Energy Center.

on the score and has points in each of Pittsburgh's first six games.

The Penguins haven't

trailed at home yet this season and wasted little time jumping on the well-travelled Oilers, who were playing their third game in four nights. Crosby collected the puck behind the Edmonton net and flipped a pass that deflected off Kunitz's stick and went right to Dupuis, who slipped a shot between LaBarbera's legs to make it 1-0 just 3:08 into the first period.

THE ASSOCIATED PRESS



# Red Sox hurlers lights-out against Tigers sluggers

**ALCS.** Lackey outduels Verlander as Napoli's homer accounts for game's only run

Once again this October, one run was enough.

John Lackey edged Justin Verlander in the latest duel of these pitching-rich playoffs, and Boston's bullpen shut down Detroit's big boppers with the game on the line to lift the Red Sox over the Tigers 1-0 Tuesday for a 2-1 lead in the AL championship series.

Mike Napoli homered off Verlander in the seventh inning, and Detroit's best chance to rally fell short in the eighth when Miguel Cabrera and Prince Fielder struck out

Game 3	
1	0
Red Sox	Tigers

with runners at the corners.

"The runs are pretty stingy," Tigers manager Jim Leyland said. "This is what it's about in post-season, is good pitching."

Despite three straight gems by their starters, the Tigers suddenly trail in a best-of-seven series they seemed to control just two days ago. Game 4 is Wednesday night in Detroit, with Jake Peavy scheduled to start for the Red Sox against Doug Fister.

Lackey allowed four hits in 6 2/3 innings, striking out eight without a walk in a game that was delayed 17 minutes in the second inning because lights on the stadium towers went out.

"I think that little time off gave him a chance to slow down a little bit. He was excited and pumped that first inning," Boston catcher Jarrod Saltalamacchia said. "Kind of getting excited with his slider, throwing a little too hard and leaving it over the middle, but he was still pretty effective."

It was the second 1-0 game in this matchup between the highest-scoring teams in the majors. That's been the theme throughout these playoffs, which have included four 1-0 scores and seven shutouts in the first 26 games.

THE ASSOCIATED PRESS



David Ortiz picks up Koji Uehara as they celebrate a 1-0 Red Sox win over the Tigers on Tuesday in Detroit. Uehara recorded the save in the game.

MIKE EHLMANN/GETTY IMAGES

## NLCS

### Cardinals offence comes alive to down Dodgers

Matt Holliday and pinch-hitter Shane Robinson hit the first home runs of the NL championship series, and the St. Louis Cardinals beat the Los Angeles Dodgers 4-2 on Tuesday night to take a 3-1 lead in the best-of-seven matchup.

In a series starved for offence, the Cardinals scored as many runs as they did in the first three games combined, when the teams totalled nine runs.

Hitless in his previous 22 at-bats at Dodger Stadium, Holliday sent a two-run shot off Ricky Nolasco an estimated 426 feet into left field, capping a three-run third that gave the Cardinals a 3-0 lead.

Game 5 is Wednesday afternoon at Dodger Stadium, with the Cardinals one win from the World Series. Zack Greinke is set to start for the Dodgers against Joe Kelly.

THE ASSOCIATED PRESS

## Aaron Hernandez case

### Fiancée pleads not guilty to perjury

The girlfriend of former New England Patriot Aaron Hernandez pleaded not guilty Tuesday to a perjury charge for allegedly lying to a Massachusetts grand jury, including about disposing of evidence in the murder case against him. Shayanna Jenkins was released on personal recognizance during her arraignment on a single perjury count.

THE ASSOCIATED PRESS

## Sean Edwards

### British racer killed in training crash

Sean Edwards, a promising British driver, died Tuesday in a crash during training. He was 26.

Edwards, the Supercup Championship leader, was in the passenger seat as an instructor for a private training session at Queensland Raceway at Willowbank, outside Brisbane, Australia, Porsche Motorsport said.

A 20-year-old local driver was behind the wheel when the car crashed into a tire wall and caught fire.

THE ASSOCIATED PRESS

## NHL. Leafs make the most of few opportunities

The Minnesota Wild won the puck-possession battle, but the Toronto Maple Leafs won the game.

Outshot badly Tuesday night, the Leafs managed to generate some opportunistic offence in a 4-1 victory at Air Canada Centre, their third straight.

Winning without the substantive play to back it up has become a familiar script for Toronto, which scored four goals on 14 shots. Goaltender James Reimer, who made a handful of vital stops to bail out teammates, frustrated Minnesota by making 36 saves on 37 shots.

The Leafs improved to 6-1-0, continuing their best start since 1993, when they opened with 10 straight wins.

Thanks to a barrage of penalties, the Wild spent more than a quarter of the first period on the power play. That meant Reimer faced a shooting gallery and was by far the Leafs' best penalty-killer.

At the other end of the ice, Minnesota goalie Darcy Kuemper struggled with little action.

The Leafs scored on their first shot, a tic-tac-toe passing play from Cody Franson to Dave Bolland to Tyler Bozak that Kuemper had no chance of stopping. But it got worse



James Reimer makes a save in traffic on Tuesday in Toronto.

STEVE RUSSELL/TORSTAR NEWS SERVICE

from there, as Trevor Smith beat the Wild's No. 3 goaltender five-hole at 13:51 of the first period on Toronto's third shot of the game.

All the while, the Wild (3-2-2) controlled the play in the Leafs' end and had nothing to show for it until Jason Pominville scored on the power play 17:27 into the first.

The Leafs' franchise record for fewest shots in a victory is nine, set March 4, 1999, when they beat the St. Louis Blues 4-0. Their fewest shots under coach Randy Carlyle is 13, both in wins during the lockout-shortened 2013 season.

THE CANADIAN PRESS

## NHL

### EASTERN CONFERENCE

ATLANTIC DIVISION							
	GP	W	L	OL	GF	GA	Pts
Toronto	7	6	1	0	27	16	12
Detroit	7	5	2	0	18	16	10
Montreal	6	4	2	0	20	10	8
Tampa Bay	6	4	2	0	23	15	8
Boston	5	3	2	0	12	8	6
Ottawa	5	1	2	2	11	16	4
Florida	7	2	5	0	16	28	4
Buffalo	8	1	6	1	11	21	3

METROPOLITAN DIVISION							
Pittsburgh	6	5	1	0	23	15	10
Carolina	7	2	2	3	15	21	7
N.Y. Islanders	6	2	2	2	19	17	6
Columbus	5	2	3	0	12	12	4
Washington	6	2	4	0	17	22	4
New Jersey	6	0	3	3	11	21	3
N.Y. Rangers	5	1	4	0	9	25	2
Philadelphia	7	1	6	0	10	20	2

**Tuesday's results**  
Buffalo 4 N.Y. Islanders 3 (SO)  
Chicago 3 Carolina 2 (SO)  
Colorado 3 Dallas 2  
Detroit 2 Columbus 1  
Montreal 3 Winnipeg 0  
Nashville 4 Florida 3  
Pittsburgh 3 Edmonton 2  
San Jose 6 St. Louis 2  
Tampa Bay 5 Los Angeles 1

## MLS

### EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
x-New York	15	9	8	50	39	53
Kansas City	15	10	7	44	29	52
Houston	13	10	9	39	37	48
Montreal	13	11	7	48	46	46
Chicago	13	12	7	44	47	46
Philadelphia	12	10	10	40	40	46
New England	12	11	9	45	36	45
Columbus	12	15	5	40	42	41
Toronto	5	16	11	29	46	26
D.C.	3	22	7	21	56	16

### WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Portland	13	5	14	49	33	53
Real Salt Lake	15	10	7	55	40	52
Seattle	15	11	6	41	39	51
Los Angeles	14	11	6	51	37	48

### WESTERN CONFERENCE

CENTRAL DIVISION								
	GP	W	L	OL	GF	GA	Pt	
Colorado	6	6	0	0	21	6	12	
Chicago	6	4	1	1	18	15	9	
St. Louis	5	4	1	0	21	13	8	
Minnesota	7	3	2	2	17	17	8	
Nashville	6	3	3	0	13	18	6	
Winnipeg	7	3	4	0	17	19	6	
Dallas	5	2	3	0	11	14	4	

PACIFIC DIVISION								
San Jose	6	6	0	0	30	9	12	
Anaheim	5	4	1	0	18	12	8	
Calgary	5	3	0	2	18	17	8	
Phoenix	6	4	2	0	17	17	8	
Vancouver	7	4	3	0	20	22	8	
Los Angeles	7	4	3	0	17	19	8	
Edmonton	7	1	5	1	21	32	3	

**Note:** Two points awarded for a win, one point for an overtime/shootout loss.

**Toronto 4 Minnesota 1**  
Vancouver 3 Philadelphia 2  
Ottawa at Phoenix  
**Monday's results**  
Detroit 3 Boston 2  
Minnesota 2 Buffalo 1  
Washington 4 Edmonton 2  
**Wednesday's games — All Times Eastern**  
N.Y. Rangers at Washington, 8 p.m.  
Calgary at Anaheim, 10 p.m.

## CFL

### WEEK 17

EAST								
	GP	W	L	T	PF	PA	Pt	
x-Toronto	15	9	6	0	425	394	18	
x-Hamilton	15	8	7	0	384	401	16	
Montreal	15	6	9	0	376	419	12	
Winnipeg	15	3	12	0	313	486	6	

WEST								
x-Calgary	15	12	3	0	486	349	24	
x-Saskatchewan	15	10	5	0	433	325	20	
x-B.C.	15	9	6	0	421	390	18	
Edmonton	15	3	12	0	349	423	6	
x — clinched playoff berth.								

x — clinched playoff berth.  
**Friday's game — All Times Eastern**  
Calgary at Edmonton, 9 p.m.  
**Saturday's games**  
Toronto at Winnipeg, 3:30 p.m.  
B.C. at Saskatchewan, 7 p.m.  
**Sunday's game**  
Hamilton at Montreal, 1 p.m.

## MLB PLAYOFFS

### LEAGUE CHAMPIONSHIPS

(Best-of-7)

### AMERICAN LEAGUE

#### BOSTON (1) VS. DETROIT (3)

(Boston leads series 2-1)

**Tuesday's result**

Boston 1 Detroit 0

**Wednesday's game — All Times Eastern**  
Boston (Peavy 12-5) at Detroit (Fister 14-9), 8:07 p.m.

**Thursday's game**

Boston (Lester 15-8) at Detroit (Sanchez 14-8), 8:07 p.m.

### NATIONAL LEAGUE

#### ST. LOUIS (1) VS. L.A. DODGERS (3)

(St. Louis leads series 3-1)

**Tuesday's result**

St. Louis 4 L.A. Dodgers 23

**Monday's result**

L.A. Dodgers 3 St. Louis 0

**Wednesday's game — All Times Eastern**

St. Louis (Kelly 10-5) at L.A. Dodgers

(Greinke 15-4), 4:07 p.m.

**Friday's game**

x-L.A. Dodgers (Kershaw 16-9) at St. Louis

(Wacha 4-1), 8:37 p.m.

x — played only if necessary.



# The 2014 Ford Tremor

**Review.** Sandwiched between the long-gone SVT Lightning and the off-road SVT Raptor, the new Tremor may be the best of both worlds

**MALCOLM GUNN**  
wheelbasemedia.com

Move over SVT Raptor because the Ford Tremor sport truck wants a piece of the action.

But instead of muscling its way into the specialty truck category, the more modestly powered and sized pickup aims to win friends with on-road street smarts — and not just off-road ability — as well as livable fuel efficiency.

Pickup trucks are as much about style and image as passenger cars. In fact the convergence of the two automotive genres over the past few decades has been quite remarkable. Originally little more than a bench seat and a box, the once humble pickup can now be found clothed in fancy sheetmetal, gussied up in the finest of interior trim and accessories and revved up with enough horsepower to plant you in your seat.

Ford's F-150-based Raptor that's now entering its fourth year of production has been a surprise hit at a time when all other pickup makers — Ford included — have been trying their best to reduce their truck's appetite for fuel. But whereas the Raptor's image is as a dune-bashing desert rat, the Tremor takes a different approach. It's very much a street truck, just like the 2000-2004 SVT Lightning, packaged up with



equipment and accessories that collectively give it a unique flavour.

It's also only available as a short-wheelbase, regular-cab model fitted with the shortest available box. The result is not as useful as an extended-cab F-150 or a four-door crew cab, but it makes the Tremor lighter on its feet and in a way that actually seems more purpose-built, just like the short-box, regular-cab Lightning of old.

To give the Tremor its solid-citizen demeanor, Ford opted not to take the V8 route (the Lightning had a supercharged 5.4-litre unit) and instead installed a twin-turbocharged 3.5-litre V6 that produces 365 horsepower and 420 pound-feet of torque at 2,500 r.p.m.

Those aren't exactly weak-kneed stats — they're about the same as the Lightning, actually — and they clearly indicate that the "EcoBoost" V6 will give a good

## 2014 Ford Tremor

- Type.** Four-door, rear-/four-wheel-drive full-size pickup
- Engines (hp).** 3.5-litre DOHC V6, turbocharged (365)
- Transmissions.** Six-speed automatic
- Base price (incl. destination)** \$45,000

## Fuel Economy

The rear-wheel-drive Tremor should deliver in the neighbourhood of 13 l/100 km city and 9.3 l/100 km highway. Those unofficial estimates will suffer a bit with optional four-wheel-drive and will likely take a real beating in the hands of buyers who actually drive the Tremor the way it's intended.

## Compare



**1** Chevrolet Silverado  
Base price: \$27,200



**2** Ram 1500  
Base price: \$28,700

ALL PHOTOS WHEELBASEMEDIA.COM

## Design

The Tremor's distinguishing exterior features begin with an appearance package that includes a blacked-out grille insert, darkened headlight and taillight covers, chromed exhaust tip and black 20-inch wheels with Pirelli Scorpion tires.

accounting of itself from a standing start, especially with the 4.10:1 rear-axle gear. The powertrain can be optioned with an electronic locking rear differential that reduces wheel slippage, especially when accelerating from a dead stop.

The Tremor also dominates the much larger and heavier SVT Raptor's 16.5/11.0 fuel economy.

Also looking good is the

Tremor's interior, where Ford has tossed out the regular cab's standard cloth-covered bench seat and installed twin buckets covered in tasteful leather with faux suede inserts and contrasting piping. In addition, there's an industrial-looking floor shifter integrated with a generously sized console.

Included as standard is MyFordTouch communica-

tions and infotainment system (run by a touchscreen).

With a guesstimated starting price in the mid-\$40,000 range, including destination charges (about \$15,000 shy of the SVT Raptor), the well-equipped Tremor is a pretty appealing vehicle that just might catch on with pickup buyers looking for some show and go, as opposed to owning a straight-up work truck.



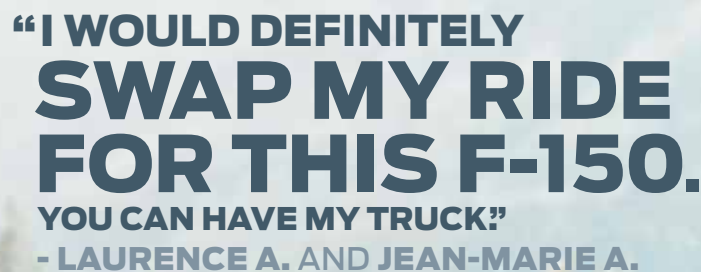
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# Hyundai's futuristic safety double act

**Autopilot.** Automaker has paired the clever duo of Heads Up Display and Blind Spot Detection with excellent result for their flagship model the Equus



**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

So many new features and functions are being baked into modern vehicles today that sometimes even really remarkable ones get overlooked or lost in the shuffle.

Especially if they're really tiny — the kind you could metaphorically sit on by mistake. As such, I would like to draw your attention to something small but big on Hyundai's flagship, the Equus. The big sedan was updated for 2014 and received a slew of new technologies and features. Among them were Blind-Spot Detection and a Heads-Up Display (HUD).

play (HUD).

Now, both these features are cool enough, but certainly not NASA-like. What's unique and exciting is that Equus is the first vehicle ever to combine the two. It's like Bert and Ernie: Separately, they're funny, but together they can blow your comedy mind.

For those not familiar

with Heads Up Display, it is a technology first developed for military aircraft. Information is projected right onto the windshield, so pilots could keep their "head up" and look forward, and not down and around, to where all the gauges are located. The HUD data is small and transparent, so you can see through it. It

doesn't affect forward vision.

The need to keep "heads up" is not as crucial in automobiles, but putting stuff like vehicle speed and navigation directions in a HUD is wildly convenient.

But Blind Spot Warnings in the HUD is a completely other thing — it really changes the way you drive in traffic. You

never have to turn your head! You're always looking down the road and when vehicles come in and out of your rear-flank blinds spots, you get a polite, little visual notice in the HUD.

I found this really reduced the stress of having to deal with other vehicles on the highway. I only attempted

lane changes when I knew it was "all clear" and I never spent time looking and craning for gaps that never existed. And when I changed lanes, I changed with confidence.

I always confirmed with shoulder checks, but no one was there when I did. It's a simple, brilliant, little piece of technology.

The only caveat is that it frees up part of the driving brain. This should be useful, but most times you just start having Seinfeld moments, and wonder about stuff that doesn't really help mankind, like why is breakfast sausage typically thinner than regular sausage?

I'm sure we'll see this technology trickle down to vehicles costing less than the \$72,229 Equus Ultimate. It's always happened before, with other useful technologies. Witness cigarette lighters, cruise, heated seats, air bags, ABS, etc.

But keep your eye on the Google Glass. It could be the wild card in the vehicle HUD story, as it seems bent on becoming the HUD of choice for everything.



Side profile of Hyundai's new flagship model the Equus, which comes complete with HUD and BSD. IMAGE: HYUNDAI

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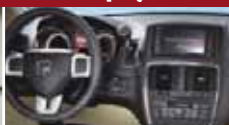
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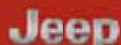
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# Breakdown or crash? Here's what to do

**Driving force.** Keep calm, remove your car from the road if possible and wait for the police or tow truck to arrive

JIL  
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drive@metronews.ca

It's every motorist's worst nightmare: your car breaks down while you're driving, or you're involved in a collision.

You're stopped, but other traffic isn't, and now you have to worry not just about your

vehicle, but also your safety around other ones.

"Try to pull your car off to the side of the road as quickly as you can, and as safely as possible," says Silvana Aceto, media consultant for CAA South Central Ontario. "It's a stressful situation, but don't panic, and try to stay calm."

In a breakdown, turn on your four-way flashers to warn other drivers, even if you're able to get off the road.

Note exactly where you are so you can call and direct a tow truck to your location, using such clues as the intersection, highway exits or kilometre markers, or landmarks such as shop-

ping plazas or restaurants.

Whether it's safer to remain inside or outside your car will depend on the situation, Aceto says, but if you choose to get out, watch for oncoming vehicles, especially at night or in bad weather.

Don't stand directly behind or in front of your vehicle, in case someone runs into it.

Never cross the highway, as vehicles are moving much faster than they appear, and you can't properly judge the distance.

In a collision, assess if anyone is hurt and needs immediate medical assistance. Then, if it's safe to do so, move the vehicles off the road.

Be very cautious and stay off the road, since "rubber-necking" drivers staring at the crash may not see you in front of them.

Write down or snap a photo of the other vehicle's license plate; if the driver takes off, you have a record of it. In Ontario, collisions

## Safety first

**"Try to pull your car off to the side of the road as quickly as you can, and as safely as possible."**

Silvana Aceto, media consultant for CAA South Central Ontario.

that exceed \$1,000 in damage must be reported to the police.

It's a good idea to keep a notebook and pen in your glovebox. Make a note of important details, such as the time of the crash, the weather, the position of the cars, and if traffic lights were red or green.

Get the other driver's information, including name, driver's license number, insurance details and the names and phone numbers of any witnesses.

Be sure to forward these to your insurance company when you're reporting the collision.

## Take precautions

- **Go online.** CAA has free downloadable checklists, to help with collisions or breakdowns, at [caasco.ca](http://caasco.ca).
- **Fighting solves nothing.** Don't argue with the other driver in a collision. If he or she becomes agitated, sit in your vehicle with the doors locked until the police arrive.
- **Maintenance is key.** You can help avoid breakdowns by keeping your car well-maintained and by repairing problems promptly.

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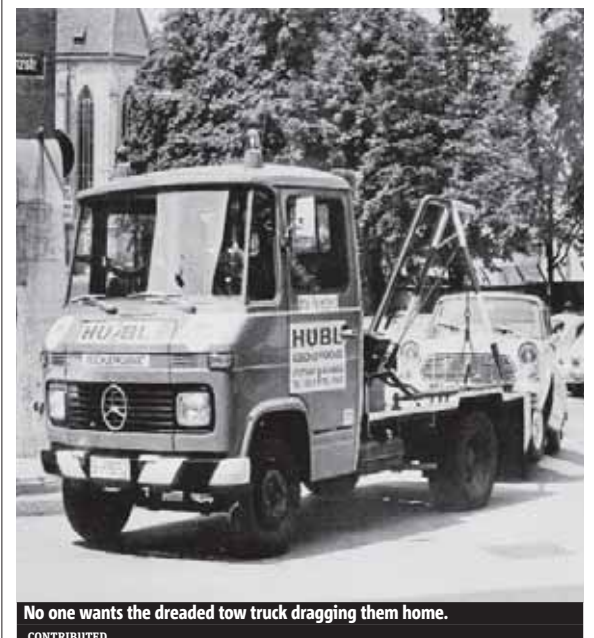
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## Espresso yourself

For anyone on the go, you no longer have to wait in line at a specialty coffee emporium for your favourite cup of espresso. In fact, you don't even have to leave your car. Handpresso of France makes this portable 140-watt espresso machine that fits into

your vehicle's cupholder and plugs into any 12-volt receptacle, such as a lighter socket. The \$200 US machine accepts most E.S.E (Easy Serving Espresso) coffee pods and brews up the contents in about two minutes. You can get all the details regarding this unique device at nextag.com.



## Who's the grime boss?

Working under the hood can be a messy chore at best and requires a strong cleaner for degunking your hands. Grime Boss Heavy Duty Hand Cleaning Wipes are claimed to rid your digits of oily grease, paint, sticky adhesives, odours and just

about anything else you might come into contact with. On one side, each wipe contains aloe and vitamin E for wiping and moisturizing your face, while the slightly more abrasive side is specifically designed



for scrubbing hands. As the manufacturer states, "This ain't no baby wipe." Grime Boss prices range from \$20 US for a 10-pack of 60 wipes each (other package quantities are available) and can be purchased directly from grimeboss.com.

## Service Directory

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October 16

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## Horoscopes

### Aries

March 21 - April 20

Nothing is beyond your capabilities today but you must be clear what you desire. If not, you may scatter your energy while failing to reach the one destination that matters.

### Taurus

April 21 - May 21

Someone who usually gives you a hard time will be as nice as pie today and you will be a bit suspicious. They do want to improve your relationship. Meet them halfway.

### Gemini

May 22 - June 21

People are different and clashes of opinion are inevitable. It is how you choose to deal with them that counts. Don't try to shout others down. Discuss your differences rationally.

### Cancer

June 22 - July 23

Listen to and act upon your instincts. If you proceed on the assumption that your inner voice knows best, you won't go wrong. If you listen to "experts", you may go everywhere but where you should.

### Leo

July 24 - Aug. 23

The more others tell you that something cannot be done, the more you will strive to prove them wrong. You won't even have to strive too hard as everything comes easy to you now.

### Virgo

Aug. 24 - Sept. 23

The cure for the blues is action, so throw yourself into something that requires effort and concentration today and you will soon forget your worries — and you'll be in a more positive mood to deal with Friday's eclipse.

### Libra

Sept. 24 - Oct. 23

Venus, your ruler, linked to Uranus, planet of the unexpected, will bring nice surprises today but don't take anything for granted. Find ways to show you appreciate it.

### Scorpio

Oct. 24 - Nov. 22

Your enemies may be tough but you are tougher and no matter how hard they try to outsmart you over the next 24 hours, they won't succeed. Be gracious and forgiving in victory. It'll annoy them more.

### Sagittarius

Nov. 23 - Dec. 21

Someone new will come into your life over the next 24 hours, someone who makes a big impression. Will you fall head over heels in love? Maybe. But even if you don't, it's a friendship made in heaven.

### Capricorn

Dec. 22 - Jan. 20

Today's Venus-Uranus link will perk you up and help you see that even when things seem to be going wrong you are still moving in the right direction. Don't worry about tomorrow.

### Aquarius

Jan. 21 - Feb. 19

Push your luck as far as it will go today. You may be surprised how easily others give in to your demands. For best results though, make sure they gain too. There's more than enough good stuff to go around.

### Pisces

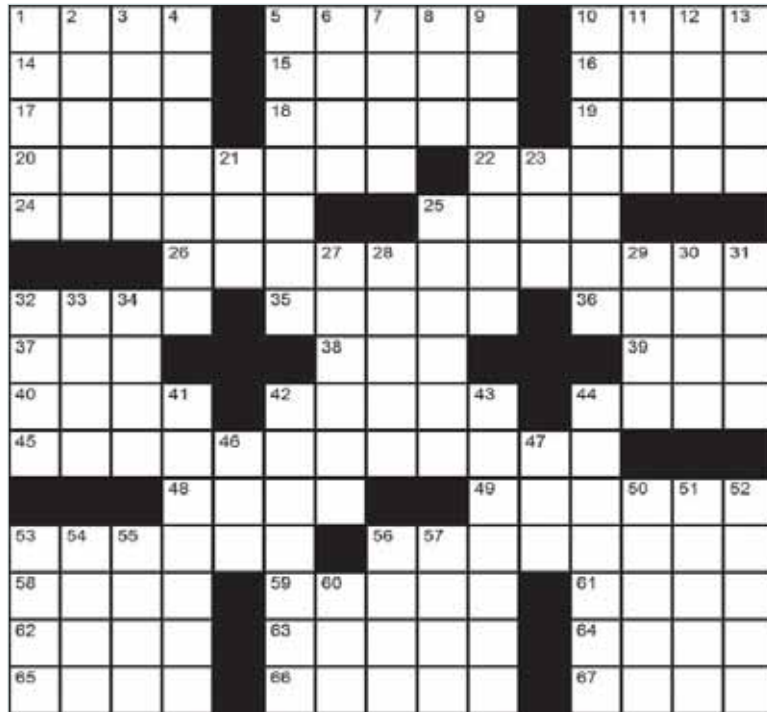
Feb. 20 - March 20

Go all out to impress those in positions of power. The more you act as if nothing is too much, the more inclined others will be to shower you with praise. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- Cinch
- Legendary filmmaker, \_\_\_ B. DeMille (b.1881 - d.1959)
- Epiphanies
- Apple or pear, in botany
- "What \_\_\_ to do then?"
- V-\_\_\_ sweater
- Largest continent
- Tarnish
- Squirrel's nest
- Burnaby, BC-born soccer star, Christine \_\_\_
- Rant
- The Wind in the Willows amphibious character: 2 wds.
- Office note, commonly
- Sofa
- \_\_\_ deer
- Pre-euro moneys
- Tint-to-hair applier
- Howe'er
- Called-one's occupation
- Rock producer Brian
- Saturate
- Tom Cruise's first wife Ms. Rogers, and namesakes
- Pitfall
- Reconvening-of-Parliament delivery: 2 wds.
- Calcium-rich vegetable



- Where Georgetown is the capital
- Failed the test, \_\_\_
- Ontario/Quebec body of water: 2 wds.
- Elvis Presley's at-birth middle name
- \_\_\_ oil
- Theatre award

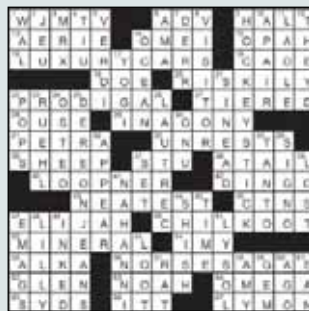
- Styx song
- Ancient inhabitant of the Eternal City
- Just about
- Snick-or-\_\_\_
- Distort
- Pink Floyd's late guitarist Mr. Barrett, and others
- Down

- Muscle cramp
- Reply to a Drill Sergeant: 2 wds.
- Make \_\_\_ (Bring in the big bucks)
- Bright bird
- Nova Scotia: Star-shaped military attraction, Halifax \_\_\_
- Actor Mr. Morales

- Coconut fibre
- Roadside stop
- Pen-to-paper messages
- Mobile device operating system
- Greek Myth: Olympian queen
- Performed perfectly

- Scottish dog breed, \_\_\_ Terrier
- \_\_\_-di-dah
- Global currency org.
- Not-nice person
- Actor Gary
- Toronto: \_\_\_ International Hotel & Tower
- Glaring glancer
- Ms. Horne
- Fall
- \_\_\_, \_\_\_. Helens, Wash.
- "Whoops!": 2 wds.
- Glide
- Beer brewed in Creston, BC
- 'City of Northern Lights' in Saskatchewan
- Section
- "O Canada" part that 'in all of us' is more gender-neutral than, as in recent headlines: 2 wds.
- Grandmother, to some
- Pool stick
- Convent
- Greek Myth: Water nymph
- Tourist attraction in Australia, \_\_\_ Rock
- Talks
- Port city of Algeria
- Bride-\_\_\_
- Mr. Hendrix
- Ms. Gardner's
- Down

## Yesterday's Crossword

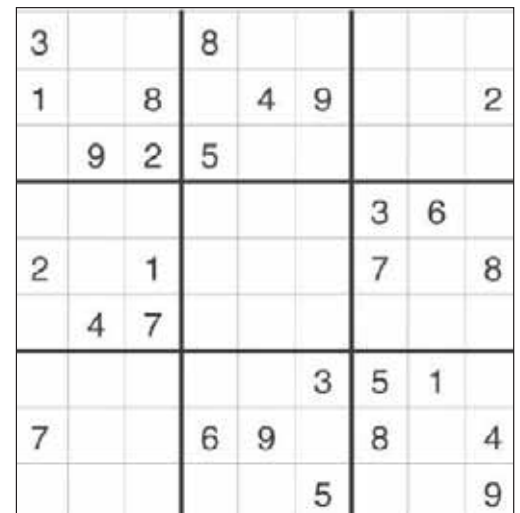


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



**Today**

14°/11°

Partly sunny

**Thursday**

18°/10°

Rain

90%

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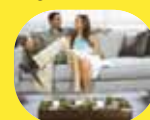
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